

GIVE YOUR POWER
CORD A SPINAL
ADJUSTMENT ONCE
A WEEK TO PREVENT
DISEASE.

I WAS SKEPTICAL
UNTIL HE SAID
THERE'S ANECDOTAL
EVIDENCE THAT
IT WORKS!

Source: Dilbert Comics



# Performance Management Academy

Day 2:
Deciding What Evidence is
Needed

October 19, 2021



## Today's Agenda

### Agenda Items

**Basics of Evidence** 

**Theory of Change** 

**Principles of Implementing & Managing Change** 

**The Generalizability Framework** 



### What is Evidence?

# What resources would you like a physician to draw upon in deciding how to treat you?

- Professional judgement and past experience
- Results from a high-quality clinical trial
- What they have heard from colleagues
- Cultural considerations
- Critical review of all available literature





## **Discussion Summary**

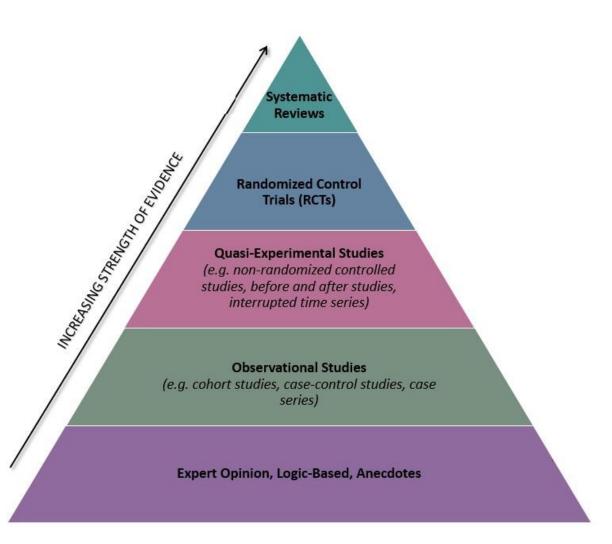
- Evidence: something that supports or challenges a claim, theory or argument
- Various types, e.g.
  - Randomized Controlled Trial (RCT): 'the gold standard', attempts to address <u>all</u> potential biases to test an intervention, drug, etc.
  - Systematic review: a review of multiple comparable studies / RCTs ('meta analysis' if combines quantitative data). Often used to compare effectiveness of different interventions
  - Respected authorities' / expert opinions / reports, ideally via a consensus panel based on scientific evidence (beware risks of misrepresentation by those using / reporting on these reports)
  - Literature reviews, program evaluations or other non-peer reviewed studies, 'grey literature'
     need to be aware of biases and other limitations.
  - Anecdotal evidence: a factual claim relying only on personal observation, collected in a casual or non-systematic manner. Limited value may invite further study, but shouldn't be relied on. Risks cherry-picking, unrepresentative sample, cognitive bias (the 'person who' fallacy).



## **Evaluating the Strength of Evidence**

#### **Key Terms**

- Process Evaluation implemented as intended?
- Outcomes Evaluation program effects
- Impact Evaluation effective in meeting ultimate goals?
- **Cost-Effectiveness** are costs incurred lower than an alternative approach?
- Cost-Benefit Analysis
- Quantitative vs Qualitative Analysis
- Correlation vs Causation



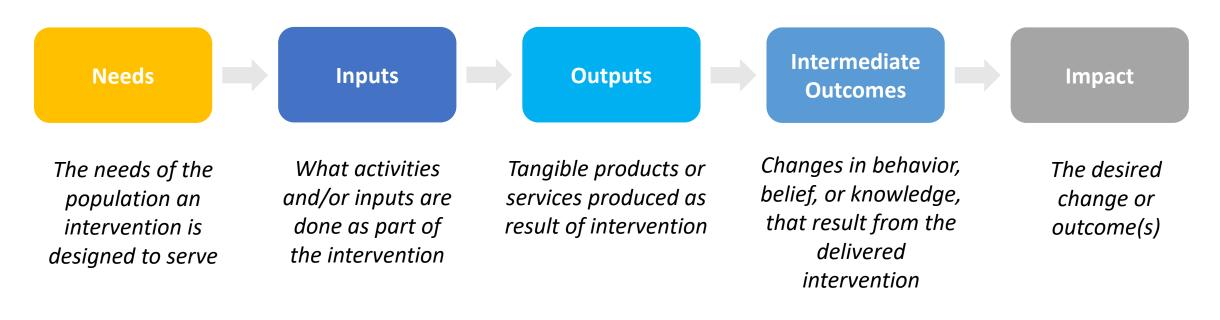
# Theory of Change



## What is a theory of change?

A theory of change is a comprehensive description of how and why desired change is expected to happen in a particular context

### Simply put, it is a road-map for your program



#### **Underlying Assumptions**





- Answers the question: How do I expect results to be achieved?
- If [inputs] and [activities] produce [outputs], this should lead to [outcomes] which will ultimately contribute to [goal].
- Maps the expected causal pathway between the Inputs with desired outcomes, assumptions, and implementation risks.



## QUESTIONS?